

Schwimmverband NRW
 Kadernormen JUNIOR-TOP-TEAM 2020
 17 Punkte in olympischer Disziplin*



	50 F	100 F	200 F	400 F	800 F	1500 F	100 B	200 B	100 S	200 S	100 R	200 R	200 L	400 L
weiblich														
AK 14 / 2005	00:26,66	00:57,54	02:04,55	04:23,48	09:00,93	17:35,42	01:12,87	02:37,44	01:02,48	02:19,24	01:04,74	02:19,72	02:21,10	05:00,07
AK 15 / 2004	00:26,21	00:56,69	02:02,84	04:19,07	08:54,60	17:05,45	01:11,41	02:34,47	01:01,72	02:16,29	01:04,01	02:16,94	02:18,73	04:55,26
AK 16 / 2003	00:26,14	00:56,60	02:01,61	04:16,53	08:48,65	16:56,17	01:10,87	02:32,66	01:01,10	02:15,06	01:03,52	02:15,82	02:17,87	04:51,78
AK 17 / 2002	00:26,00	00:56,33	02:01,24	04:16,49	08:46,78	16:52,97	01:10,44	02:32,05	01:00,80	02:14,79	01:02,80	02:15,10	02:16,93	04:50,61
männlich														
AK 15 / 2004	00:24,09	00:52,75	01:55,21	04:05,87	08:40,83	16:23,57	01:07,06	02:25,25	00:56,59	02:07,74	00:59,40	02:09,15	02:10,13	04:38,55
AK 16 / 2003	00:23,70	00:52,07	01:53,82	04:02,84	08:31,10	16:06,26	01:05,29	02:21,23	00:55,70	02:04,83	00:58,00	02:06,11	02:07,94	04:32,76
AK 17 / 2002	00:23,45	00:51,41	01:52,37	03:59,13	08:18,32	15:50,36	01:04,23	02:18,45	00:55,21	02:02,81	00:56,99	02:04,63	02:06,28	04:29,25
AK 18 / 2001	00:23,09	00:50,55	01:51,09	03:55,79	08:11,26	15:38,47	01:02,88	02:16,26	00:54,53	02:01,79	00:56,43	02:03,31	02:04,22	04:26,57

* Rudolphtabelle 2019

Jürgen Verhölsson
 Landestrainer Schwimmen